



THE SUSTAINER

Published Quarterly

FOR THE SOLDIERS AND CIVILIANS OF THE "CAST IRON BRIGADE"



Dec 2013



Cast Irons it's hard to believe the holiday season is already upon us. I know this has been a challenging year for many of you, one filled with challenges and financial fiscal uncertainty. As I always say, where there are challenges comes opportunities. You have shown great resilience, patience and above all professionalism and I am honored to be part of this great team. I

want to thank you and your families for all that you do to make my job a pleasure. I feel truly blessed to have a team of superb professionals who meet challenges and obstacles with courage and fortitude; your commitment to excellence is contagious. I know success often comes at a price and must be shared with those who consistently provide love, support and encouragement. Our families, friends, neighbors and associates are essential in keeping us focused, grounded and balanced.

This season ushers in the time to gratefully reflect on what we have and what others are painfully without. Let us take a moment to be thankful for our Soldiers and Civilians, who are miles from their loved ones answering the call of a grateful Nation. Please keep them in your thoughts and prayers.

Each of you can look back at 2013 with pride that you have served with honor and distinction. I am confident you will meet 2014 with the same outstanding standards of performance and service as you did this last year. I anticipate 2014 will be a year of yet further opportunities as we work through resource and force reductions. This has been done many times throughout our history and the Army has not only survived but rebounded for the better. Clearly we will become smaller; leaner and a more efficient Army. The future for Army Materiel Command remains promising as its logisticians accept the challenges to seek new initiatives to improve how we sustain the worlds' best equipped and maintained Army. Each of you plays a key role to embrace transformation and seek new horizons as we redesign, refit and move forward.

Soon we will return to our newly renovated Brigade Headquarters (Building 9630). By this time next year the Regional Logistics Support Complex, the first to be completed in the continental United States, will be open for business. This 80 million dollar complex on 50 acres of land will consolidate 8 Materiel Enterprise missions with 15,000 square feet of office space, 62,000 square feet of warehouse and storage and 27 maintenance bays. Clearly, the AMC crown jewel of Joint Base Lewis McChord and the Pacific North West. The Lewis and Clark spirit of adventure and undaunted courage continues everyday as "Cast Irons" throughout our area of responsibility continue to support our global mission.

In closing, I want to extend my best wishes and seasons greeting to you and your families. I am looking forward to an equally incredible and exciting 2014 and opportunities to visit with each of you where you support America's Army. I am immensely proud of all that you do and continue to do for the Soldiers and Families of this great Country. I want each of you to know that my thanks; gratitude and respect are with you this Christmas and year round.



- ◆ [CSM Burton](#)
- ◆ [Regional Logistics Support Center](#)
- ◆ [Battle of Mogadishu 20th Anniversary](#)
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COL James S. Moore Commanding



Season's Greetings Cast Iron Family and Friends,

I want to applaud all the Military, Civilian, and Contractor personnel of the entire 404th Army Field Support Brigade for their exceptional performance and professionalism throughout this quarter and challenging year.

Your many achievements, awards, and recognitions speak volumes of your efforts and hard work that you applied in accomplishing the day to day strategic and operational missions and taking care of each other as professionals. I sincerely

thank you for the support you showed and gave me throughout this challenging quarter and year, as the CSM of this great organization. You have truly served the 404th AFSB, ASC, and AMC with the utmost Respect, Honor, Integrity, and Pride in a support role defending our Nation and by performing your profession.

I want to give a Special Thanks; to all of the wives, husbands, sons, daughters and other family members across our 100 million square mile area of operation. Too many times, it seems we take for granted the ones we love and appreciate. We wait for birthdays or holidays or some other special occasion to say, "I love you," "I appreciate you", or "Thank you." We let life carry us away on a never-ending road filled with the responsibilities of a day-to-day existence.

In our busy lives, we often forget that there is more along the way than just bills to pay, phone calls to return, errands to run, and caring for the wonderful children of the world. There are people in our lives who need to be hugged, who need to be loved. There are people in our lives who need their accomplishments noticed and praised. So let me end my letter by saying: I remain thankful for our great families and friends that occupy our hearts and inspire our steps. You are the center pieces of the family and life.

May God bless you and keep you safe!

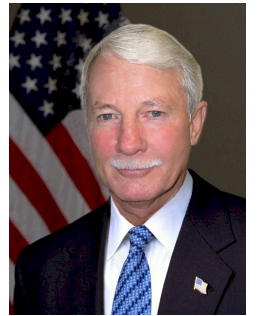
Cast Iron 7

Tactical Equipment Maintenance Facilities (2 of 3)



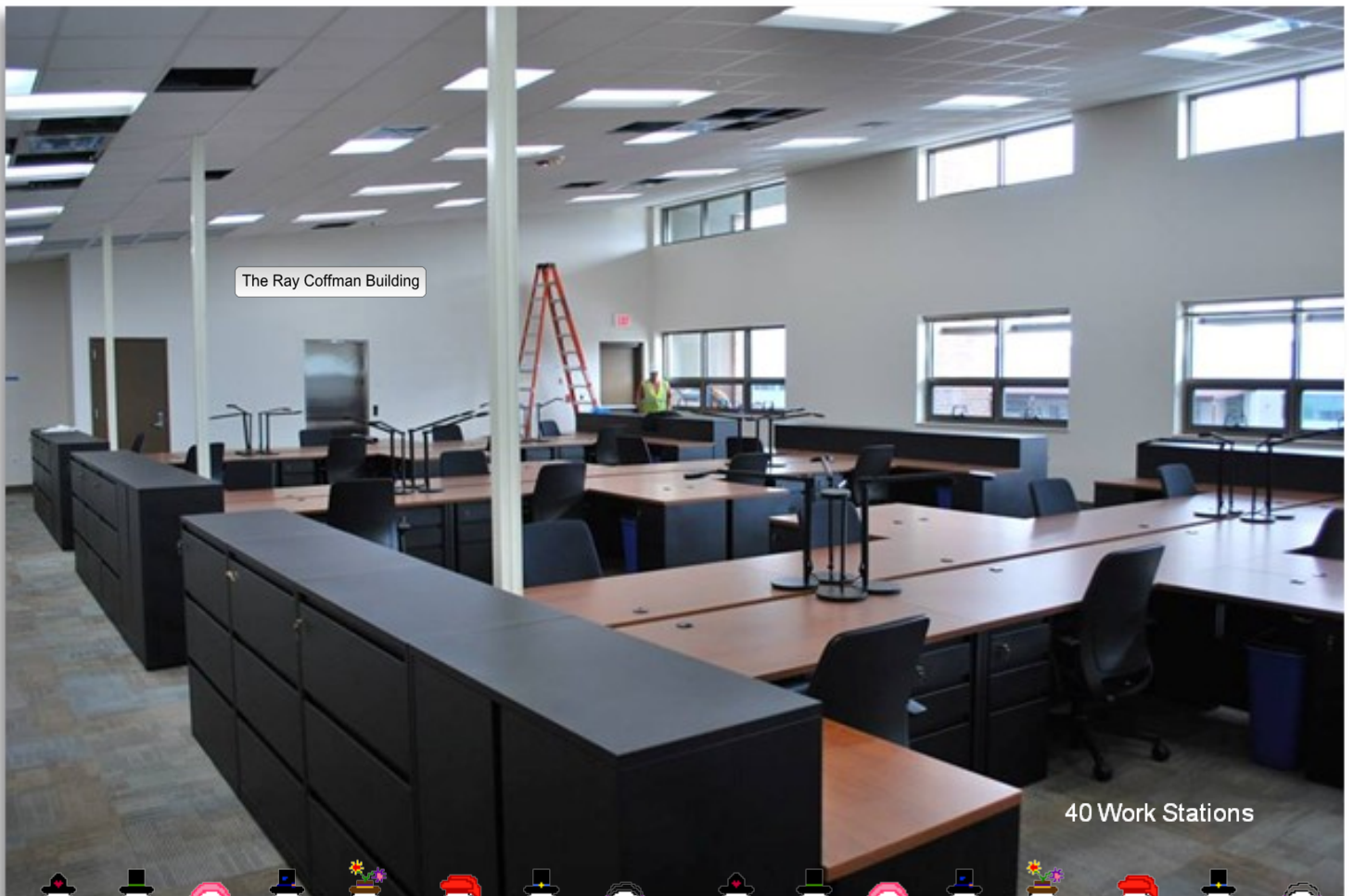
The Ray Coffman Building

The **Regional Logistics Support Complex** continues to move closer to its December 2014 completion dates. The “Ray Coffman” building is near completion. **Ray Coffman** exemplified the inspirational leadership of a “Soldier’s Soldier” dedicating his entire professional life to serving his country for nearly 50 years. Ray died on 23 May 2008 while servicing as the 404th AFSB Civilian Deputy to the Commander.



The Ray Coffman Building

40 Work Stations





TWENTY YEARS AGO

3-4 OCT 1993, THE BATTLE OF MOGADISHU



The **Battle of Mogadishu**, more commonly referred to as Black Hawk Down, was part of Operation Gothic Serpent fought on 3 and 4 October 1993, in Mogadishu, Somalia, between forces of the the U.S. Military against Somali militiamen loyal to Mohamed Farrah Aidid. Major Jason Brower, XO, AFSBn Hawaii, is one of the few in today's military who can discuss those events, *because he was there*.

"They won't understand why we do it. They won't understand that it's about the men next to you, and that's it." – Hoot from Ridley Scott's film *Black Hawk Down*

3 October 2013 marked the 20th anniversary of the Battle of Mogadishu, Somalia. The firefight is known in Somalia as the "Day of the Rangers" and "The Battle of the Black Sea." Many American servicemen and women associate the movie *Black Hawk Down* with the efforts of Task Force Ranger. President Bill Clinton ordered Task Force Ranger, consisting of elite Soldiers from the 3d Ranger Battalion and members of other Special Operations, to hunt Somali warlord Mohamed Farrah Aidid. U.S. government officials accused Aidid's militia of slaughtering 24 United Nations Pakistani troops in an ambush outside of Mogadishu. United Nations forces provided security to allow aid distribution to the impoverished Somali population. Aidid's intent



was to monopolize power in Somalia by eliminating outside interference from the United Nations.

Based on intelligence reports, Task Force Ranger initiated Operation Gothic Serpent after learning of a meeting between Aidid's top advisers. The meeting took place in a dangerous location within Mogadishu. During the mission, Somali militia fired rocket propelled grenades that shot down two U.S. Black Hawk helicopters. CW4 Clifton Wolcott lay dead at the first crash site, and CW3 Mike Durant was seriously wounded at the second. U.S. elite forces fought valiantly to reach the crash sites but sustained heavy casualties. With Task Force Ranger pinned down and no longer combat effective, U.S. senior officers alerted 10th Mountain Division's Quick Reaction Force (QRF) to remedy the situation. Few publications mention the QRF's efforts to extract Task Force Ranger. The purpose of this article is to provide my first-hand account of a Soldier in the QRF Company responsible for reaching the Wolcott crash site.

The 2d Battalion 14th Infantry Regiment (2-14, IN), Golden Dragons, was responsible for assuming the QRF mission in August 1993. I served in A Company, 2-14, IN as an assistant M60 machine gun specialist. For my combat load, I carried a rucksack with 2,000 rounds of linked 7.62mm bullets, tripod, spare barrel, two hand grenades, seven 30-round magazines of 5.56 mm ammunition, a bayonet, M18 protective mask, and torso body armor. In the afternoon of 3 October, my platoon sergeant selected me for a detail to safeguard detainees caught in a special operation raid. Within an hour, the battalion commander LTC William David alerted the entire battalion to provide support to Task Force Ranger.

QRF troops loaded deuce-and-a-half ton trucks reinforced with sandbags. U.S. units deployed to Somalia without armored vehicles. Secretary of Defense Les Aspin thought that armored support did not portray the correct image for a humanitarian assistance mission and decided not to send



Guest Author: MAJ Jason Brower

them. Golden Dragon Soldiers remained in the bed of trucks for hours. From my position inside the Mogadishu University compound, I could see U.S. attack helicopters firing into Task Force Ranger's area of operations. My platoon leader noted that C Company, 2-14, IN attempted to enter into the objective but received heavy resistance and returned to the university. Without armored vehicles to protect against the barrage of enemy fire, the QRF Soldiers would have endured overwhelming U.S. casualties.

After delaying the QRF for hours, LTC David reached an agreement with the United Nations forces to provide armored personnel carriers (APCs). The QRF drove from the university compound to the staging grounds of the UN APCs. My comrades and I loaded into the APCs at night. The inside of the carriers left little room to maneuver.

The cramped environment of the rolling coffin gave me a sense of helplessness. The idea of riding in a large, white UN target moving five miles an hour down the middle of the streets compounded my anxiety. To regain focus, I prayed silently. Without a sound, I said farewell to all the significant people in my life.

As the APC moved toward the Wolcott objective, enemy fire intensified. I heard bullets ricochet off the APC. RPG munitions exploded near the vehicle. The blasts rocked the APC from side to side. To regain superior firepower, the APC Malaysian heavy machine gunner returned fire relentlessly. I was prepared to take his place if he fell.

Determining the disposition of our APC on the battlefield became increasingly difficult to decipher. The lack of windows limited our ability to direct the APC. Moreover, the Malay driver did not speak English well. Having the driver make turns became a frustrating task for my platoon leader because of the language barrier. Later I learned that a few of the APCs split from the convoy and had to

fight their way back to my location.

I thought the plan was to get the APCs to the objective, load the Soldiers of Task Force Ranger, then retrograde to the Pakistani Stadium. However, the UN APC stopped blocks short of the objective. The Malay convoy commander motioned for the U.S. troops to dismount.

My M60 machine gunner landed on the ground and fired at Somali gunmen running from building to building. I jumped into position next to him. However, I could not rapidly return fire with my M16A2 rifle. Apparently, while I was in the APC, the bottom clip to my M16A2 magazine rubbed against



my belt and loosened. When I hit the ground, the clip came off, and the spring flew out of the magazine as well. Twenty nine bullets dropped from the magazine onto the street. I attempted to slap the magazine to correct the malfunction. Instead, I pulled it out of my rifle and threw it toward the enemy.

A Company, 2-14, IN fought its way to the Wolcott crash site. Platoons moved along both sides of the street. Squads would leap frog pulling security down alleyways and street intersections. The environment was hectic. Bodies of dead Somalis and animals laid sporadically along the route. No street signs existed to guide the way to the objective. Without warning, forward progress of the QRF stopped.

A Somali sniper stalled us. The noise of enemy bullets hitting the buildings sounded like fire-crackers. A military police (MP) Soldier in a Hummer vehicle drove forward to engage the sniper. The MP troop armed the belt-fed MK19 grenade launcher and expeditiously fired at the militant. The MK19 gunner blasted the building that held the sniper, sending the Somali gunman to his death. Silence filled the battlefield. Suddenly, the U.S. troops in the area unanimously applauded the MP gunner.

The QRF continued to maneuver along the sides of the roads. Abandoned Task Force Ranger weapons and ammunition laid scattered on the sidewalks. As we maneuvered down the road, one QRF squad leader tried to fire a M60 machine gun that he found, but it was jammed. At another point, a team leader lifted a discovered light antitank weapon system, but the rocket slid out of its case, and he gently placed it back to the ground. As we got closer to the objective, one of my peers attempted to give me 500 rounds of 7.62mm ammunition. With the abundance of ammunition that I was carrying, I responded that he should carry the burden.

The QRF journey to the Wolcott objective was not easy. No UN APCs mysteriously arrived at the crash site as depicted in *Black Hawk Down*. In reality, we fought to keep each other alive and motivated to reach the crash site. As my platoon approached the wreckage of Wolcott's grounded Black Hawk, Soldiers with unique weapons and protective gear defended the perimeter. The defenders appeared to have plastic helmets with mirrors attached. I then learned that the fighters were the elite members of Delta Force.

At the direction of the Delta operator, my machine gun specialist took a shielded point behind a car. The operative spotted targets for the M60 gunner. As my gunner fired at enemy locations, I was thrilled to unload the ammunition I was carrying to

feed the gun and lighten my rucksack.

The Wolcott Black Hawk set a few feet from my position. The body of a U.S. pilot remained trapped inside the crushed helicopter. Extracting the body took hours. While defending the perimeter, two enemy RPG rockets soared past us and exploded further down the street. The Delta commander responded to the increasing threat. He communicated on the radio that "sparkles" were in place. I was clueless about his message. He motioned to move me into a nearby alley.

U.S. air support flew above our position. It lit up the streets in front of the perimeter. I will never forget the scene of thousands of bullets simultaneously creating a stream of red fire toward the enemy. From the ground perspective, the aircraft firepower was like the breath of Godzilla destroying everything in its path.

For the next few hours, silence fell on the Wolcott crash site. U.S. personnel continued to devise methods to remove the pilot's body from the wreckage. At times, I could barely stay awake after the adrenaline rush left my body. Using my PVS-7 night vision devices (NVDs), I watched my leaders attempt to use an UN APC to pull the helicopter apart.



Photograph provided by MAJ Jason Brower

As the sun rose on October 4, U.S. forces freed the Soldier's body. Unfortunately, the coming of daylight meant that the use of NVDs could not provide the QRF with a tactical advantage over the militia. When the APCs arrived, we loaded them with our fallen comrades and casualties. Most of the APCs reached maximum capacity for transporting personnel.



The "Mogadishu Mile" began from the crash site and ended at the Pakistani Stadium. The QRF and Task Force Ranger ran alongside each other. I nearly slipped on blood settling on the sidewalk. One of my fellow Soldiers appeared to be in shock as he pulled security at the corner of an alley. I screamed for him to continue moving, and he did. At that juncture, I realized that I had the potential to become a leader and provide direction under pressure.

Somali citizens began leaving their homes to begin daily work. Despite the intense sound of gunfire, the average Somalis did not appear to be phased. I pointed my rifle at an old man sitting underneath a shaded tree. If the man turned hostile, I would have acted accordingly. Instilled discipline and situational understanding kept me from pulling the trigger.

After running for half a mile, I quickly stopped. One of the APCs paused long enough to open its doors and allowed me to mount the vehicle. As I contorted my body to squeeze next to the Malay driver, I read his license; his name was Mohammed. Mohammed and I exchanged thankful smiles. Upon entering the Pakistani Stadium, UN forces and medics unloaded the casualties from the APCs. The UN Pakistanis guided the QRF to the bleachers where they fed us goat. As I ate, I watched MEDEVAC helicopters fly from the stadium. Captain Drew Meyerowich, A Company 2-14 IN commander, informed me that one of our company's Soldiers was killed in action, Private First Class (PFC) James Martin. PFC Martin represented the best of our unit, he was a 10th Mountain light infantryman who did his duty to protect his comrades and ensure that no one was left on the battlefield. I wear a bracelet on my wrist to remember whom he was and what his sacrifice represented.

On the 20th anniversary of the Battle of Mogadishu, I reflected on the experiences of combat that made me a leader today. As a brigade logistics support team (BLST) chief for 3d Brigade Combat Team (BCT) in Hawaii, I understand that support to the Soldier is a top priority. Team effort, discipline, and commitment are the elements essential to accomplishing U.S. military objectives. *Above all, I fight to keep my brothers and sisters-in-arms safe from any threats.*



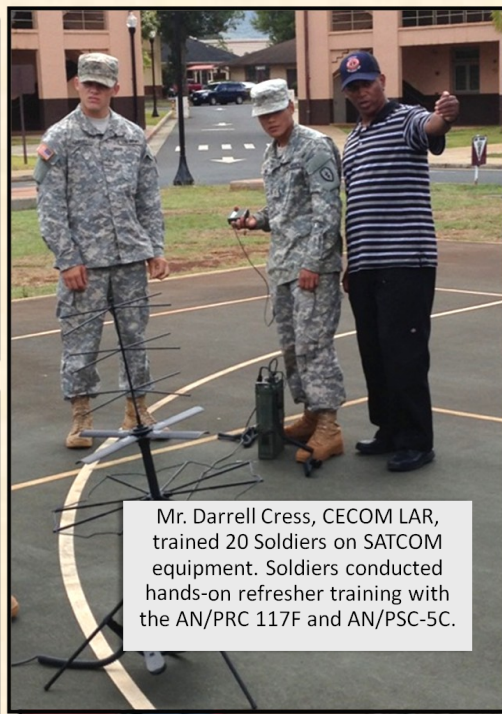
AFSBN HAWAII



CECOM logistics assistance representatives (LARs) Mr. Charles Irby and Mr. Jeff Geiling conduct pre-combat inspections to test



BLST Chief MAJ Jason Brower successfully employed the SNAP Micro for the first time in a field environment during the BSB FTX on



Mr. Darrell Cress, CECOM LAR, trained 20 Soldiers on SATCOM equipment. Soldiers conducted hands-on refresher training with the AN/PRC 117F and AN/PSC-5C.



The government shutdown forced the AFSBn-HAW to postpone the Organizational Day on 4 October 2013. However, the Battalion rallied and held a DAC Appreciation Day. We also took time to Farewell TACOM LAR Kevin Jackson as he departs for Ft. Campbell.

AFSBN HAWAII

AMCOM Missile Live Fire Support

Russell Fukeda Hawaii's AMCOM LAR supported 25th ID, 2nd BDE, during their live fire exercise at Pohakuloa Training Area (PTA). Mr. Fukeda ensured all TOW and JAVELIN systems were fully mission capable and safe to conduct this vital training.



INFORMATION ASSURANCE

As we approach the holiday season, we must be vigilant and have our shields up to protect us from becoming victims to identity theft or other forms of fraud. Don't become a victim of phishing. It can be prevented. Phishing is a method of trying to gather personal information using deceptive e-mails and websites. Typically, a phisher sends an e-mail disguised as a legitimate business request. For example, the phisher may pass himself off as a real bank asking its customers to verify financial data - so phishing is a form of "social engineering. The e-mail is often forged or disguised so that it appears to come from a real e-mail address used for legitimate company business, and it usually includes a link to a website that looks exactly like the bank's website. However, the site is bogus, and when the victim types in passwords or other sensitive information, that data is captured by the phisher. The information may be used to commit various forms of fraud and identity theft, ranging from compromising a single existing bank account to setting up multiple new ones. Periodically, review your bank statements, credit card statements or other financial statements for unauthorized transactions that you or other authorized account holders did not authorize. Arm yourself with the information provided and you are on your way to having a great holiday season.

MARIO BARCENILLA

AFSBN HAWAII

AFSBN-Hawaii held it's 2013 Organizational Day at North Shore. It was a great day to come together as a team to relax and enjoy time away from work.



Personnel from the Army Field Support Battalion-Hawaii took time to participate in the annual St. Jude Hospital walk for cancer on 23 NOV. The Battalion raised over 1000 dollars through donations. This money will help with research for children with cancer.



Lisa Pfaff 25 Year Certificate

Tiffany Mikus 15 Year Certificate



Logistics Readiness Center, Schofield Barracks

OPERATION DAMAYAN



The Soldiers with the Contingency Command Post setup the equipment on the Palm Circle Field, on Fort Shafter, Hawaii, during a static display, Nov. 14, 2013. The CCP is an organization designed to respond to national disasters within 24 hours.



Operation Damayan takes shape in storm-ravaged Philippines



LRC-SBHI is currently providing support to deploying units in response to disaster relief efforts in the Philippines – Operation Damayan. LRC-HI provides a variety of services ranging from:

- Providing Emergency Operations Center representation and briefings.
- Multipurpose Deployment Facility (MDF) support at Wheeler Army Air Field.
- Supply Support Activity (SSA), Troop Issue Subsistence Activity (TISA), Central Issue Facility (CIF), Ammunition, Maintenance, and Transportation support as required.
- Deployment Training Center (DTC) support, TC-AIMS II Unit Deployment List (UDL) validation, and equipment Joint Inspections (JIs).
- Military container support as required.
- Personally Owned Vehicle storage for deploying Single Soldiers as required.



Upcoming Events

- Yama Sakura (Japan), Dec 2014
- Cobra Gold (Thailand) Jan 2014
- Foal Eagle (Republic of Korea), Jan 2014
- Pohakuloa Training Area (PTA): Supporting 1st QTR Unit Training (Dec 13):
 - 74th EOD, 25th CAB, 301st Rescue Sqd (Air Force), DA Police, Hawaii Island Sheriff's Dept.

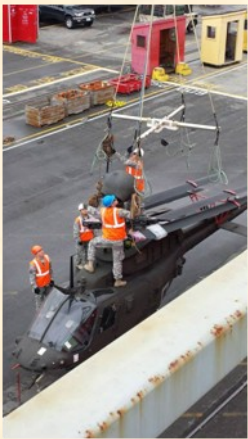


AFSBN LEWIS

4-6 ARS DEPLOYMENT 16 CAB BLST PROVIDES TECHNICAL SUPPORT

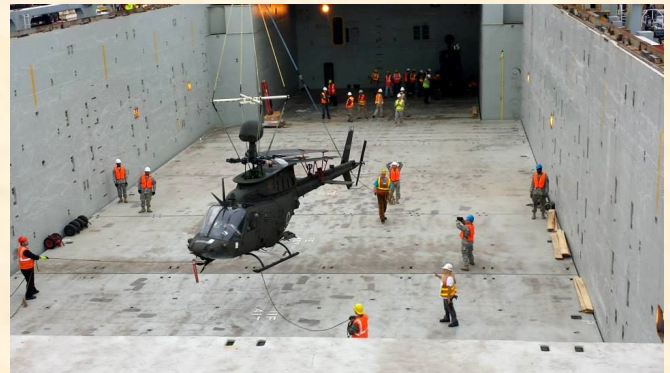
The 4th Squadron, 6th Cavalry Regiment Attack Reconnaissance Squadron (ARS), 16 Combat Aviation Brigade (CAB), recently deployed from Joint Base Lewis-McChord (JBLM) to Korea to support the Army's Regionally Aligned Forces strategy. The 4-6 ARS deployed on a nine month rotation from Joint Base Lewis-McChord (JBLM) with 30 OH-58D Kiowa helicopters to support the 2nd Infantry Division and the 2nd CAB operations.

JBLM as a power projection platform and the 16 CAB Brigade Logistics Support Team (BLST) supported the unit throughout the process by providing out-load support, packaged basic loads and



shipped the unit to Korea for a nine month deployment.

During ship load operations, the new Unit Maintenance Aerial Recovery Kit (UMARK) was validated through the Armed Scout Helicopter Program Management Office. The 16th CAB BLST and specifically, Mr Chad Kornelis, AMCOM Attack Helicopter Electronics Logistics Assistance Representative (E-LAR) provided technical support. This deployment was the first time that the OH-58D models (with mast mounted sites) were loaded on a LO-LO (Lift-On/-Lift-Off) ship with the blades in the folded configuration saving critical maintenance time and resources. Chad was recognized by the 404 AFSB Commander, COL Moore, during a recent ceremony for his outstanding support during this operation. Through his efforts, the Interactive Electronic Technical Manual (IETM) will be updated to capture the deviation for other units to use the UMARK in this capacity.



JBLM DOL collaborated with SDDC to ship the unit's equipment through the Port of Tacoma versus the initial plan to ship through the Port of Oakland. Shipping the equipment through the Port of Tacoma saved the US Army approximately \$200,000 in line haul costs. 4-6 ARS flew their aircraft to the port and utilized organic military line haul assets (513th Trans Company) from JBLM to transport the unit's shipping containers to port.

The unit's equipment was received, downloaded and moved onward to Camp Humphreys by the 403rd AFSB.

MAJ JUAN VEGA



404th AFSBn BLST Chiefs and the 404th AFSBn Battalion Commander await go ahead for entry onto M9 qualification firing line on JBLM Range 105 hosted by 2/2 SBCT. Pictured from left to right are: **CW4 Matthew T. Gibbs** (2/2 SBCT BLST Chief), **MAJ Richard A. Prier** (16th CAB BLST Chief), **MAJ David L. James** (4/2 SBCT BLST Chief), and the AFSBn Lewis Commander **LTC Jeffrey S. Niemi**.

AFSBN LEWIS



On 11-12 SEP 13, Raven operators across 3/2 SBCT participated in the first unit fielding on Joint Base Lewis-McChord (JBLM) for the upgraded [RAVEN](#) Gimbaled payload system. The upgraded system provides increased capability as the camera has full 360 degree view. Mr. Jack Wallin (center) from the UAS Project Office, Redstone Arsenal provided instruction to operators from 3/2 SBCT.



Mr. Henry Mitchell (CECOM LOG IT LAR) provides support to 296 BSB SASMO in resolving issues related to the CAISI system. 3/2 SBCT is executing a Brigade Field Training Exercise (FTC) in preparation for NTC rotation 14-03 taking place in JAN 2014 .



MAJ David L. James 4/2 BLST Chief, left counts repetitions as **MAJ Juan A. Vega** (404th AFSBn Executive Officer) performs the pushup event as part of the 4AFSBN Lewis semi-annual Army Physical Fitness Test conducted on 29 OCT 2013.



TACOM Armament LAR **Sean McGlinsey** and CECOM LOG IT LAR **Henry Mitchell** inspect excess equipment turned in during 3/2 SBCT COPA.



CW5 Miguel Gomez-Rivera (left) presents **593rd ESC LMS Bernard Mabini** the Ordnance Order of Samuel Sharpe



MAJ Richard A. Prier, (16th CAB BLST Chief, left) **MAJ David L. James** (4/2 BLST Chief, center), and **Jared L. Buchanan** (3-2 BLST Chief, right), to start the 2 mile run as part of the AFSBN Lewis semi-annual Army Physical Fitness Test .

AFSBN LEWIS

4/2 BRIGADE LOGISTICS SUPPORT TEAM



The 4th Brigade, 2nd Infantry Division Brigade small arms and artillery repair Soldiers perform reset on M-249. **Mr. Randy Woodrow**, TACOM ARMAMENT LAR, is on site to assist Soldiers in troubleshooting any issues.



CW5 Gomez, 4/2 SBCT BLST Chief instructs Sgt. Kasim Kennerly, how to conduct the final weapons inspection. "I make sure that everything was done accurately," said SGT Kennerly.



The 4/2 Stryker Brigade Combat Team returned home in August 2013. The BLST moved on to the next training objective and that was RESET operations. The BLST instantly began preparing and assisting in the identification and induction of the Brigades equipment that was to be RESET.

The Brigade also received notification that they would be one of the ten combat brigades that would be inactivated and some of their equipment would go to I-4ID at Fort Carson Colorado. The BLST immediately began to assist in the initial planning of the disposition of the current Brigade set. Since 4/2's redeployment, numerous activities have been performed. The Brigade has been coordinating equipment turn-in in accordance with the Army's Campaign on Property Accountability (COPA). This campaign is designed to account for property that has been acquired during the past seven years since the brigade's beginning. This

process is designed to bring to record thousands of pieces of equipment and also to teach leaders to be good stewards of DoD's funds and property.

The Brigade is simultaneously beginning to conduct inactivation processes that will move over sixty thousand pieces of equipment and over forty eight hundred Soldiers to Joint Base Lewis McChord (JBLM) units and all other Army units throughout the continental United States. This is a monumental task that has to be accomplished by JUN 2014. The 4/2 Blast Team and 404th AFSBn-Lewis will assist in the huge undertaking in setting the conditions for a successful distribution for the Army's Strategic Brigade Reorganization mission for the coming years.

We also welcome LAR's Mike Gier, Randy Woodrow and LMS Mike Conner back from a long deployment from OEF. AMCOM LAR Dan Whiteman will redeploy DEC 13 from OEF.

MAJOR DAVID JAMES, BLST CHIEF

Logistics Readiness Center, Dugway Proving Ground



LRC DIRECTOR PHIL TOMAC



OUR CHRISTMAS TREE

On the following page you will find some of the members of my great team. You'll meet the other outstanding members next issue. They are all truly the very best at what they do for the Installation Mission, the Major Test Tenant commands which are Army Test and Evaluation Command (ATEC) and NEC out of the 106th Signal Brigade/7th Signal Command as well as the US Air Force 388th Fighter Squadron. They have supported, on a number of occasions, continued operations in Theater with direct support being given to the US Marine Corps Special Operations Command, the US Navy Special Operations, SOCOM, JSOC among others. On top of doing all of that, they also support other Countries Armed Forces from Great Britain, Japan, Germany, Austria, New Zealand, Australia, Sweden, Norway, Finland to name a few, all with exceptional results.! They always give 100% of themselves in everything that they do to support America's Army. Their only focus is supporting our soldiers, whether they are deployed or in the CONUS. They are the reason the United States Armed Forces are successful in their mission. Without the RDT&E community they would not be able to test what the Army must use in combat. They are all inspirational and we all could learn a thing or two from them. I know I do every day.

Logistics Readiness Center, Fort Irwin



Cleatus the FOX Sports robot mingles with FT Irwin soldiers during Fox NFL Thanksgiving visit



NFL reporter Jay Glazer talks with soldiers during Fox NFL Thanksgiving Day

Fox Sports NFL Sunday saluted troops at

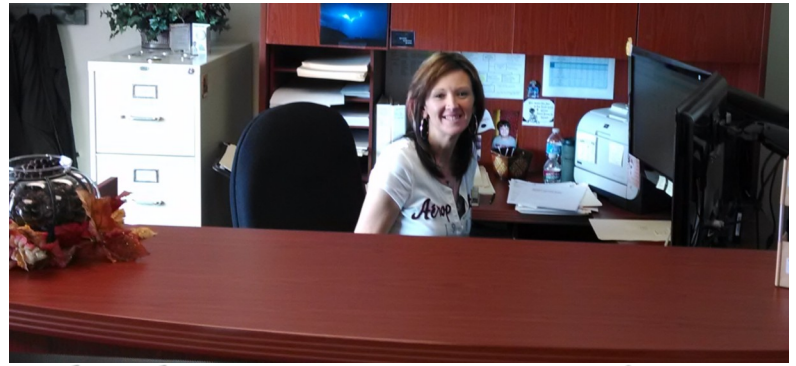
The National Training Center & Fort Irwin during a special Thanksgiving Day broadcast. Jay Glazer, 1995 Heisman Trophy winner Eddie George, Cleatus the Robot and the FOX Sports Girls were on hand for a live segment during the FOX NFL SUNDAY special edition pregame show to honor America's best by giving thanks in a special way and showing their appreciation to our nation's military. The Thanksgiving day edition of "FOX NFL Sunday featured about seven live look-ins of Jay Glazer, the FOX sports Girls, soldiers and family member at the National Training Center. Soldiers got a chance to shoot questions to Fox hosts Howie Long and Terry Bradshaw in Los Angeles during the pre-game

production. After the pre-game show the FOX NFL SUNDAY team along with hundreds of soldiers, family members and civilians was treated to a traditional Army Thanksgiving Day Meal at the installation Dining Facility. Over 628 personnel were served during the Thanksgiving Day Meal. The LRC Food Service manager and assistant manager played a vital role in the success of the Thanksgiving Day Meal by providing food management expertise to the dining facility manager and food service specialist in the preparation, menu planning, purchasing of food and decorations and operating procedures. For FOX to show their appreciation to the National Training Center was a great boost in morale for all who work and live here.

Logistics Readiness Center, Dugway Proving Ground



Robyn Quarnberg Transportation Clerk



Chanel Carney Management Assistant



George Carter Warehouse Chief, Central Receiving



Deanna Olson ITO



Kent Sagers Installation Equipment Manager



Kathy Reader Property Book Technician

Logistics Readiness Center, Yuma Proving Ground

MRAP Testing



We support the Army Test Mission and Garrison by providing:

Transportation support ,vehicles and drivers, deliver fuel to generators and vehicles downrange.

Trailers and drivers to transport bomb proof shelters during testing, and drivers for the tenant Freefall School. We also support the military working dog school.

In/Outbound household goods, packing, crating and shipping. We maintain property book accountability for all units.

All supply ordering, receiving, issuing and turn-in functions.

Hazmat "cradle to grave" tracking and ordering using HMMS, disposal of generated waste.

Fuel at four fuel stations for over 950 GSA vehicles and DOD owned vehicles to include tracked and test vehicles.

Delivery and fuel for 450 generators throughout the ranges.

Receipt, sorting, delivery and pickup of all Installation Incoming and Outgoing Official Mail.

Installation U.S.P.S. Mail Section support as a subcontract of the U.S.P.S.

We do this with thirteen GS employees and a contractor.

Thomas A. Harris

GRADE TESTING



MORTAR TESTING



PARACHUTE RECOVERY



FIRE SCOUT TESTING



Logistics Readiness Center, Fort Huachuca



COL Moore presents a Commander's Coin to Mr. McDowell for his outstanding mission support.



COL Moore presents a Commander's Coin to Mr. Monaco McGee for his outstanding service as a Program Analyst



COL Moore presents a Commander's Coin to Mr. Don Nelson for his outstanding service as a Unit Movement Coordinator



Allen Lewis, the contract manager for the LRC Weinstein Dining Facility, was putting finishing touches on decorations he designed for this Thanksgiving meal. Holiday brings out the best in Soldiers, LRC FHAZ Military/Contract operated Dining Facility hosted Thanksgiving 2013. The Garrison Commander entertained family members.

AFSBN

ALASKA

Life in Alaska continues to be busy for AMC's northernmost personnel in the world. To begin with, we are pleased to welcome **CW4 Danny White** back to Alaska as the Chief for the 1st Stryker Brigade Combat Team, 25th Infantry Division Brigade Logistics Support Team. Returning to Alaska was Danny's #1 choice as far as assignments go. Lucky for him, he had a very strong connection with the CW4 assignments officer at Human Resources Command! This is not Danny's first time to Alaska, and so he and his wife won't be surprised when the Fairbanks area dips below -60 degrees, this winter. We are also pleased to welcome back Mr. Bill Flynn, our CECOM Trail Boss, who has been deployed to Afghanistan since the spring of this year. We are especially glad to have Bill back because the new USARAK commanding general, Major General Michael Shields, has been directing his attention on the ability of his battalion and brigade TOCs to communicate in the field. Over the past few months, USARAK has been busy adjusting to the vision, direction, and energy of its new commanding general. Also no stranger to Alaska, MG Shields commanded the Stryker Brigade Combat Team at Fort Wainwright as a Colonel. 4th Infantry Brigade Combat Team Airborne, 25th Infantry Division has also been busy training on the T-11 parachute in preparation for its use in Alaska. As potentially the only BLST chief on jump status in the Army

(Fort Bragg's BLST chiefs don't jump, we have confirmed), **MAJ Dominic Vaughan** received his T-11 training alongside other Soldiers from the Spartan Brigade, and completed his first T-11 jump on 5 November. The Spartans are also busy preparing for their rotation to JRTC 14-06 in April of next year.

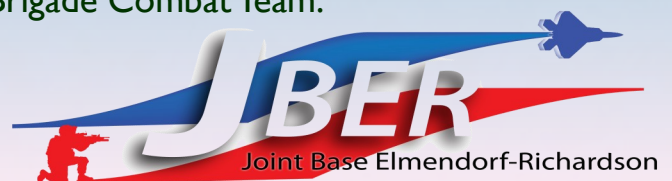
4/25 IBCT(A) is not the only USARAK unit busy with training. The USARAK Aviation Task Force has been involved with NTC rotations 14-01, 14-02, and 14-03, while simultaneously gearing up for deployments to Korea and Afghanistan in 2014. MAJ Brian Courter and the FWAK LST remain decisively engaged with the aviators in supporting their efforts. Though not scheduled for a CTC rotation or a deployment at the present time, 1/25 SBCT also remains busy with training in the field. Given that much of USARAK's training areas are in close proximity to FWAK, this has forced the 1/25 SBCT BLST to not only support 1/25 SBCT, but also personnel from JBER-based units [such as 2d EN BDE and 4/25 IBCT(A)]. When multiple USARAK brigades are in the field at the same time, this demands close synchronization between Alaska's two BLSTs in order to carefully manage our limited pool of LARs and FSRs. The fact that the FWAK area will dip below -40 degrees during the winter will do nothing to discourage units from training.

LTC Andrew Dekever



MAJ Vaughn participates in T-11 Parachute training in Alaska

The 4th Brigade Combat Team (Airborne), 25th Infantry Division is an Airborne Infantry Brigade Combat Team of the United States Army. The unit is home-stationed at Fort Richardson, Alaska near Anchorage and is the only airborne brigade combat team in the Pacific Theater. It is also the newest airborne brigade combat team and one of only six in the United States Army; the others are the four brigade combat teams of the 82nd Airborne Division and the 173rd Airborne Brigade Combat Team.



Logistics Readiness Center, Fort Wainwright

The last quarter in Alaska was extremely eventful. During this time the Deployment Support Branch and Movements Branch of the Transportation Division headed by Mr. Mark Richardson moved over 600 Soldiers and over 200 pieces of equipment NTC rotations 14-01 (23 Sep-20 Oct 13) and NTC 14-02 (21 Oct-17 Nov). These movements involved assets from both 1-52 General Support Aviation Battalion and 6-17 Cavalry Regiment. Equipment moved via multi-modal methods with twenty-one helicopters moving via Strategic Air on C17 cargo planes, Soldiers moving via Commercial Contracted Air and surface cargo moving via line haul, rail, and ship. All of these movements are coordinated during bi-weekly Deployment Working Groups where Unit Movement Officers, Deployment Specialists, the Arrival/Departure Airfield Control Group USARAK G4 Transportation, Unit Executive/Operations Officers, and Deployment Specialists from Eielson Air Force Base (EiAFB) have round table discussions to fine tune all parts of the movement both to the National Training Center (NTC) and back. In the case of NTC 14-02 return, both Soldiers and helicopters arrived back to Eielson Air Force Base during an rather rare ice storm which knocked out power to half of Fairbanks and North Pole, Alaska. The ice storm also caused black road conditions. The professional bus drivers did a superb job of moving under these hazardous conditions and safely brought back over 400 Soldiers from Eielson Air Force Base, a total round trip of about 75 miles.

We are now planning and preparing to execute movement of Soldiers and equipment for NTC 14-03. This is a time when temperatures are often hovering in

the negatives and days as cold as -40F are not that uncommon.

Equally as stellar is the Supply and Services Division. They continue to operate behind the scenes moving supplies to and from units and providing the bulk of services for Soldiers. We fixed a major problem this quarter. The Defense Logistics Agency (DLA) waits until they get a full container load prior to shipping parts to Alaska as shipping costs are extremely expensive to this remote part of the world. They would pack the containers to the gill, but it resulted in having to offload the containers box by box. Working with DLA, we developed a method to save both them and the Logistics Readiness Center (LRC) time. They begin packing the containers on skid (wooden) pallets and double stacking pallets. This allows them to pack to conserve shipping costs and allows the Receiving section to offload easily, making part delivery to the customer faster and more efficient.

The Central Issue Facility (CIF) issues Organizational Clothing & Individual Equipment (OCIE) to all Soldiers arriving at Fort Wainwright, AK (FWAK). Normally, October signifies the end of the summer surge. However, due to units deploying in the near future, that proved not to be the case this year. CIF saw a surge of PCSing Soldiers during the first quarter of this year. We worked with units and the Garrison to develop new procedures to better support Soldiers and make issue and turn in more efficient. CIF held a meeting with the Northern Warfare Training Center (NWTTC) to discuss sizing. Sizing is very important because if you do not get it right, CIF ends up seeing the Soldier again to give them a

proper size, wasting not only CIF employee's time, but also putting the Soldier at risk for cold weather injuries. Also, we are implementing sizing to be done while a Soldier is inprocessing to ensure sizing is correct and so we can see more customers.

Our Ammunition Supply Points are conducting training with units on the proper way to care/account for and store ammunition in field Ammunition Holding Areas (AHAs), transporting ammunition, and proper turn in of ammunition. During the last 10 years of war, we have seen a degradation of training possibly leading to higher risk of injury when dealing with ammunition. As such, the ASP Accountable Officers and Quality Assurance Specialist-Ammunition Surveillance (QASAS) are conducting training with units to insure ammunition is dealt with in a safe and secure manner. At Fort Wainwright, the 1/25 SBCT is working inside the ASP along with Department of the Army Civilians issuing and receiving ammunition. At the Fort Wainwright ASP, the unit is running an Ammunition Transfer Holding Area (ATHP) and issuing small arms to their Soldiers while higher explosive ammunition is handled by Civilians. At the Joint Base Elmendorf-Richardson ASP, the 25th Ordnance Company works side by side with Civilians and issues all ammunition to all units. This cross fertilization ensures we are training safe ammunition handling, practicing accountability procedures, and will increase training and readiness of these specialized skills.



CONTINUED NEXT PAGE

Logistics Readiness Center, Fort Wainwright

The Sources of Repair are gearing up for Army Structure Many units over the next year in USARAK will activate, inactivate, or redesignate. All vehicles in Alaska are winterized with a variety of special items to ensure they can run and start in temperature to -60F. These winterization components are expensive. As such, all vehicles leaving Alaska for other units will have most of their winterization components removed. USARAK is finalizing their lists and we expect to begin de-winterization of vehicles in

also have mechanics who service Snow Mobiles and Snowcats to ensure our skiers have nicely groomed slopes.

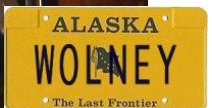
The Plans and Programs Division is one of our unsung heroes. This Division has a lot of diverse people performing diverse missions. Our Information Management Officers ensures everybody's computer is in top shape. Our Budget Analyst is on board saving money. Our Operations team is cracking the whip and ensuring we answer taskers in a timely fashion. Our planners are looking out so we are not surprised with support requests. Logistic Readiness Centers are a diverse group of people working together to provide excellent customer sup-



the near future. Not only will this provide work to our mechanics, it will also conserve Army funds so these items do not have to be repurchased and can be used on other vehicles. We have some unique mechanics here in Alaska. One of our mechanics maintains howitzers for the Department of Transportation so they can shoot rounds into mountainsides to control avalanches. We also have mechanics who work on and service Zambonis for the Garrison Ice Rink. Finally, we

port so the Soldier who is hungry, low on ammunition, standing in the cold, damp foxhole, defending our freedom has the proper gear to keep him warm, is resupplied with beans and bullets in a timely manner, and has a vehicle which is well serviced to take him to his next foxhole to do it all over again. While truly a hero, this newsletter is for the unsung logistical heroes who give him the supplies he so desperately needs to fight and win the nation's wars.

Members of the **Deployment Support Branch** help off load a helicopter at Eielson Air Force Base



Logistics Readiness Center, Fort Greely

Each year **Hanni Marchuk** and friends plan a ladies weekend camping trip, each year the number of ladies is different due to schedules and invitations to new friends. They get together and decide on a location and reserve a public use cabin for the scheduled trip.

Alaska State Parks Public use cabins are located throughout the state along trails and remote lakes, streams, and saltwater beaches. Most of the cabins are accessible year round, usually by plain, boat, or trail. They can sleep 3-8 people and are equipped with wooden sleeping platforms, wood stoves (heating only), a table, chairs or benches and a nearby out-house. In October of this year Hanni and her friends decided to camp at Coal

Mine Lake #5, this lake is located approximately 1.5 miles from Coal Mine road (approximately 22 miles south of Fort Greely), and after driving their vehicles as far as was possible on the road these intrepid ladies loaded up their gear on their backs and sleds and hiked the remaining 1.5 miles into the cabin. While there was not yet snow on the ground at Fort Greely, once reaching the higher altitudes along Coal Mine Road the ladies were hiking through 6-8 inches of snow.

Each year the ladies coordinate meals for the trip and each person is responsible for some part of those meals and brings snacks to share. Most of the time the meals are cooked over an open camp fire or in a Dutch oven over coals.

This year one of the ladies was celebrating her birthday so she was surprised with a pineapple upside down cake cooked in the Dutch oven. While the activities at the annual camping trip vary depending on the location and weather usually hiking, fishing, and games are some part



(from left to right); Ellen Clark, Heather Magee, **Hanni Marchuk**, Ellie Mason, and Sondra Winters

of the weekend. The weekend trips are a time for the ladies to be away from their families and with friends for some stress-free, fun-filled hours. While they aren't sure yet where their next trip will be the ladies have already made some plans for the entertainment portion of their next ladies weekend.

One of the greatest things about living in Alaska is the outdoor activities. Hanni and her friends have made the ladies camping weekend an annual event but each of them also participate in other outdoor activities such as hiking, fishing, hunting, camping, snow-machining, four-wheeling, and float trips. If you're ever in Alaska make the time to experience at least one of these activities, you won't be sorry. Hanni Marchuk

Logistics Readiness Center, Presidio of Monterey



L-R Jeff Stablein, Carissa Garcia, Bethany Pinkas, John Alva, Virginia Ramos, Erick Martinez, Nancy Labindalaua, Alfonso Moore, Sam Davis, Mike Garrison.

The Logistics Readiness Center- Presidio of Monterey (LRC- POM) became part of the 404th AFSB team of professionals when it transferred out of the ASC Installation Logistics Directorate on 1 November 2013. The Presidio of Monterey (POM) is located in the city of Monterey, California about two hours south of San Francisco. The historic installation is perched on the hill overlooking the beautiful Monterey Bay and is home to the Defense Language Institute Foreign Language Center (DLIFLC). DLIFLC is the primary tenant organization on POM and is regarded as one of the finest schools for foreign language instruction in the nation. LRC- POM has the unique mission of supporting this U.S Army Training and Doctrine Command (TRADOC) organization which provides basic and advanced foreign language instruction to approximately 3,500 Soldiers, Marines, Sailors and Airmen, as well as select DoD members and the U.S Coast Guard. For many years POM was a sub-installation of the nearby Fort Ord. When Fort Ord closed on 30 September 1994, POM became a separate installation under TRADOC. It retains some military family housing and support facilities at the former Fort Ord, now referred to as the Ord Military Community (OMC). The LRC's Maintenance facility, Redistribution Warehouse and Transportation Motor Pool (TMP) are located there, about seven miles from the Presidio. While there are no tactical units supported here, we have our own unique challenges by having to transport over 500K riders per year in our installation shuttle buses and serve 1.1M meals annually in our two dining facilities (DFACs) and one Kiosk. Property accountability in a school environment where more than 12,000 iPads, MacBook Pros and iPods were issued to students and faculty this past year is a never ending challenge. Our mission includes world-wide distribution of Language Survival Kits that contain the various languages and region-specific dialects for use in the field. Last year we distributed over 100K kits to every corner of the earth. LRC-POM consists of 10 (authorized 11) Government employees who oversee the 107 contracted personnel in our four primary contracts. The small number of Government employees makes it easy for us to work together as a cohesive team and logistics family.



ARMY RESERVE SUSTAINMENT COMMAND



Photo Greg Alderete

According to Bryant Jordan of military.com, Nearly 500,000 Army Reserve and Guard members were affected when the Defense Department went into shut-down mode on Oct. 1. Across the U.S., more than 400,000 Guardsmen and more than 75,000 Reserve soldiers lost drill and training hours and the money that went with it." Army Sustainment Command-Army Reserve Element (ASC-ARE) Soldiers at JBLM were not an exception. Our Battle Assembly in support of the 404th AFSB for October was cancelled and Soldiers scheduled schools were terminated. We will be back on schedule in November. Fortunately the government shutdown occurred after ASC-ARE Soldiers supported Ulchi Freedom Guardian in late summer 2013. Our Soldiers were welcomed with open arms and were fully integrated into operations. One of the Soldiers discovered how complex it is to provide maintenance and sustainment of Commercial off the Shelf (COTS) CBRNE equipment in an overseas environment. Others encountered technological

challenges due to the austere environment and they were reminded how important it is to make sure your messages are heard and understood. Exercises like this are essential to keep

our Soldiers skills sharp and gain new ones. The team really felt they were integral to mission success when COL Chroman said they could not have completed the mission without us. We are looking forward to supporting the next mission of this type in early 2014.



Colonel Camerone Trent



A "Cast Iron" welcome to **COL Blatt** (Center) who will be providing the 404th AFSB assistance in Reserve affairs issues. **LTC Cummings** (Left) is his deputy and **CPT Garrison** will be the Chief of Operations and Maintenance.

Christmas Apple Dumplings

Original recipe makes 16 dumplings

- ♦ Two large Granny Smith Apples, peeled and cored
- ♦ Two (10 oz) cans of refrigerated crescent dough
- ♦ One cup of Butter
- ♦ One cup of white sugar (+/-)
- ♦ One (12 Ounce) can of 7up or Squirt.



Pinch to seal and place in the baking dish.

Preheat the oven to 350 degrees

Cut apple into 8 wedges and set aside.

Separate the crescent roll dough into triangles.

Roll each apple wedge in crescent roll dough starting at the smallest end.

Melt butter in a small saucepan and stir in the sugar and cinnamon. Pour over the apple dumplings. Pour soda over the dumplings.

Bake for 35 to 45 minutes in the preheated oven, or until golden brown

Faces to the Field

Mr. Darrell Cress, CECOM LAR, trained 20 Soldiers on SATCOM equipment 17-19 SEP. Soldiers conducted hands-on refresher training with the AN/PRC 117F and AN/PSC-5C.



PDTE-HI returned M160 Robotics to RSJPO in Fort Leonard Wood (FLW) on 18 SEP 13. Another Great Team Work between AFSBn-HI, HCI, and LRC-HI. USARPAC & RSJPO made a decision to return the M160 to RSJPO, FLW, MO



James S. Moore
COL, LG
Commander

Gregory L. Alderete
Public Affairs Officer

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Officer who may be reached by writing to the 404th Army Field Support Brigade, ATTN: Public Affairs Officer, MS 25, Box 339500, Joint Base Lewis McChord, 98433-9500. The PAO is also available via commercial telephone at **253-477-1469** or **FAX at 253-966-6199** or via email

gregory.l.alderete.civ@mail.mil

Faces to the Field



Annie Rasmussen (Lead Cook) and Hanni Marchuk , Director
LRC Fort Greely AK.

Roy Niiyama AFSBn Lewis enjoying his clams



Faces to the Field



COL Moore, CSM Burton, MSG Johnson, SFC Durham (Project Officer) make a delivery to Shelly Hinzman (Elf), Lisa Bennett ([Santa's Castle](#) President).

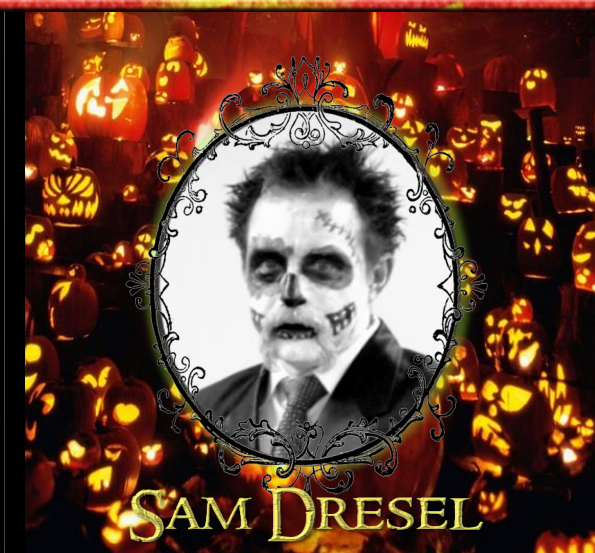


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OPSEC CHECK



Faces to the Field



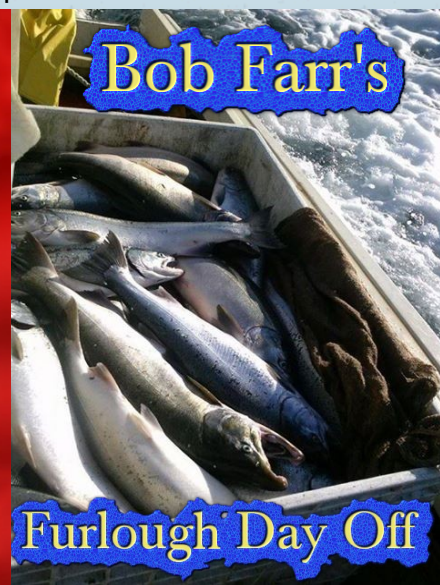
Faces to the Field



Ms. Ann Marie Mills, LRD-FGAK, received a plaque from the Northern Warfare Training Center (NWTC) for support provided to them. It reads "In appreciation from the Northern Warfare Training Center for your tremendous support and effort to train arctic and mountain warriors." The plaque is made from the scrap wood of an old desk and was etched by the NWTC by burning the letters into the wood. **Ann Marie** coordinated and provided excess furniture and equipment from various entities on base for NWTC for their training facility at Black Rapids.



MAY THE TRUE SPIRIT
OF CHRISTMAS
SHINE IN YOUR HEART
AND LIGHT YOUR PATH
FROM EVERYONE AT THE
404TH AFSB TO EACH OF
YOU



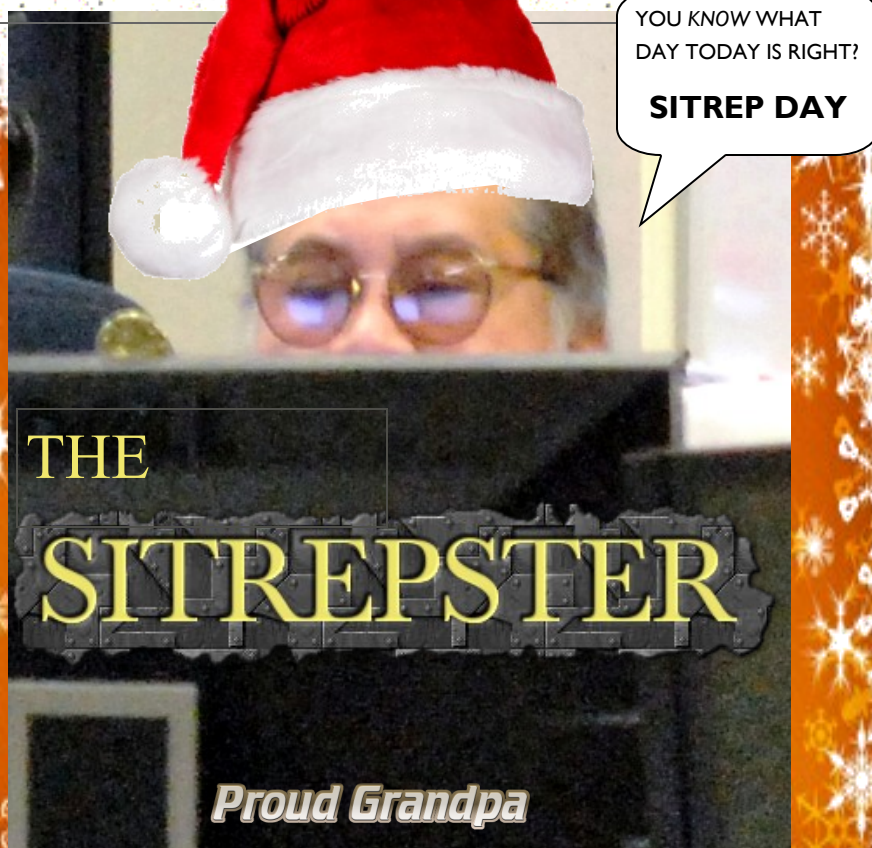
Faces to the Field



Warren Reynolds (CW5, USA Retired) and CW5 Miguel Gomez on a foggy JBLM Morning



SFC Farida Durham heads up the 404th AFSB coloring book drive for the [JBLM Santa's Castle](#).



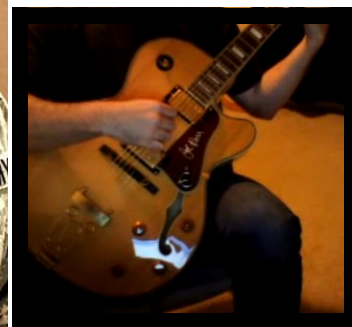
WELCOME TO THE CAST IRON TEAM



Claudia Mendoza, SASMO FSR 404th AFSB SPO



MAJ Juan Vega Executive Officer for AFSBn Lewis. Juan is also a classical and jazz trained guitarist. [CTRL-Click on the picture below to hear him play "Have Yourself a Merry](#)



FAREWELL



Gwen Garfield



MSG Theo Turner



Gwen and MSG Turner you will be missed deeply missed, thanks you for everything, Good Luck and Godspeed.

EMERGENCY PREPARATION

Water, food, and clean air are important things to have if an emergency happens. Each family or individual's kit should be customized to meet specific needs, such as medications and infant formula. It should also be customized to include important family documents.

Supplies to Include in a Basic Kit:

- Water, one gallon of water per person per day, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food
- Battery-powered radio and a NOAA Weather



Radio with tone alert, and extra batteries for both.

- Flashlight and extra batteries
- First Aid kit
- Whistle to signal for help
- Infant formula and diapers, if you have an infant
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Dust mask or cotton t-shirt, to help filter the air
- Plastic sheeting and duct tape to shelter-in-place
- Wrench or pliers to turn off utilities
- Can opener for food (if kit contains canned food)

Clothing and Bedding:

If you live in a cold weather climate, you must think about warmth. It is possible that the power will be out and you will not have heat. Rethink

your clothing and bedding supplies to account for growing children and other family changes. One complete change of warm clothing and shoes per person, including:

- A jacket or coat
- Long pants
- A long sleeve shirt
- Sturdy shoes
- A hat and gloves
- A sleeping bag or warm blanket for each person
- Rain gear
- Mess kits, paper cups, plates and plastic utensils
- Cash or traveler's checks, change
- Paper towels
- Fire Extinguisher
- Tent
- Compass
- Matches in a waterproof container
- Signal flare
- Paper, pencil
- Personal hygiene items including feminine supplies
- Disinfectant
- Household chlorine bleach - You can use bleach as a disinfectant (diluted nine parts water to one part bleach), or in an emergency you can also use it to treat water. Use 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.
- Medicine dropper
- Important Family Documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container.

- ♦ Emergency reference materials such as a first aid book or a print out of the information

Don't forget your pets



WE ARE ALL SAFETY OFFICERS

Decorating homes and businesses is a long-standing tradition around the holiday season. Unfortunately, these same decorations may increase your chances of fire. Based on data from the National Fire Protection Association (NFPA) and the U.S. Fire Administration (USFA), an estimated 240 home fires involving Christmas trees and another 150 home fires involving holiday lights and other decorative lighting occur each year. Together, these fires result in 21 deaths and \$25.2 million in direct property damage. Following a few simple fire safety tips can keep electric lights, candles, and the ever popular Christmas tree from creating a tragedy. Learn how to prevent a fire and what to do in case a fire starts in your home. Make sure all exits are accessible and not blocked by decorations or trees. Help ensure that you have a fire safe holiday season. What's a traditional Christmas morning scene without a beautifully decorated tree? If your household includes a natural tree in its festivities, take to heart the sales person's suggestion – "Keep the tree watered." Christmas trees account for hundreds of fires annually. Typically, shorts in electrical lights

more easily ignited by heat, flame or sparks. Be careful not to drop or flick cigarette ashes near a tree. Do not put your live tree up too early or leave it up for longer than two weeks. Keep the tree stand filled with water at all times.



or open flames from candles, lighters or matches start tree fires. Well-watered trees are not a problem. A dry and neglected tree can be. Needles on fresh trees should be green and hard to pull back from the branches, and the needles should not break if the tree has been freshly cut. The trunk should be sticky to the touch. Old trees can be identified by bouncing the tree trunk on the ground. If many needles fall off, the tree has been cut too long and, has probably dried out, and is a fire hazard. Do not place your tree close to a heat source, including a fireplace or heat vent. The heat will dry out the tree, causing it to be

Maintain Your Holiday Lights

Inspect holiday lights each year for frayed wires, bare spots, gaps in the insulation, broken or cracked sockets, and excessive kinking or wear before putting them up. Use only lighting listed by an approved testing laboratory.

Do Not Overload Electrical Outlets

Do not link more than three light strands, unless the directions indicate it is safe. Connect strings of lights to an extension cord before plugging the cord into the outlet. Make sure to periodically check the wires – they should not be warm to the touch.

Use Only Nonflammable Decorations

All decorations should be nonflammable or flame-retardant and placed away from heat vents. If you are using a metallic or artificial tree, make sure it is flame retardant.

Never Put Wrapping Paper in the Fireplace

Wrapping paper in the fireplace can result in a very large fire, throwing off dangerous sparks and embers that may result in a chimney fire.

If You Do Use Lit Candles

Make sure candles are in stable holders and place them where they cannot be easily knocked down. can burn.

Some Things to Think About

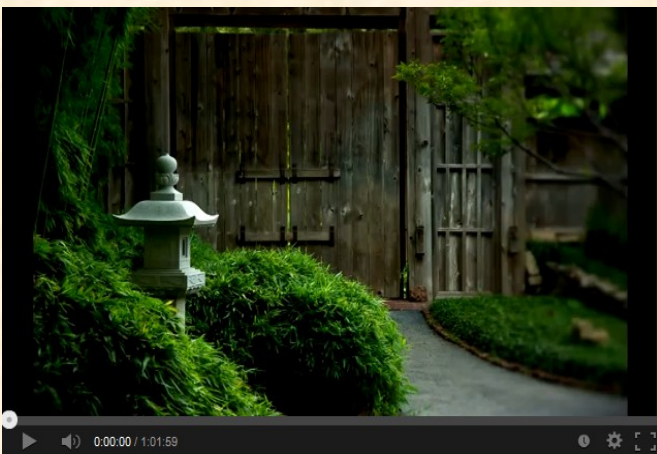
Believe in yourself. Work outside your habits. Know when to speak up. Collaborate. Don't procrastinate. Get over yourself. Keep Learning. Stay up all night. Form follows function. Find inspiration everywhere. Network. Educate yourself. Trust your gut. Ask for help. Make it sustainable. Question everything. Have a concept. Learn to take criticism. Care. Use spell check. Do your research. Sketch ideas. The problem contains the solution. Think about all possibilities.

A light year is 5.8 Trillion Miles. Voyager I will reach one light year's distance in 17,500 years. The Andromeda galaxy is 2.5 Million light years from Earth.



QUOTABLE QUOTES

- ♦ Talent wins games, teamwork and intelligence wins championships. Michael Jordan
- ♦ Be kind whenever possible, it is always possible. Dalai Lama
- ♦ Don't fight the problem, decide it. George C. Marshall
- ♦ Art is the most intense mode of individualism the world has known. Oscar Wilde
- ♦ Chose a job you love and you will never work a day in your life . Confucius
- ♦ The only place success comes before work is in the dictionary. Vince Lombardi
- ♦ Do not dwell in the past, do not dream of the future, concentrate the mind on the present moment. Buddha
- ♦ The only thing that interferes with my learning is my education. Albert Einstein
- ♦ The cautious seldom err. Confucius
- ♦ Innovation distinguishes between a leader and a follower. Steven Jobs
- ♦ Management is doing things right; leadership is doing the right things. Peter Drucker
- ♦ Education is the most powerful weapon which you can use to change the world. Nelson Mandela
- ♦ What we achieve inwardly will change outer reality. Plutarch
- ♦ Believe you can and you're half way there. Theodore Roosevelt
- ♦ Optimism is the faith that leads to achievement. Helen Keller
- ♦ A time comes when silence is betrayal. Martin Luther King



RELAXATION MUSIC FOR STRESS RELIEF AND HEALING ...

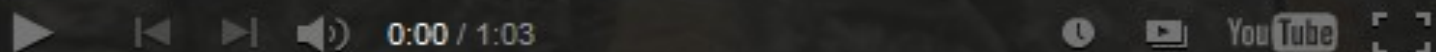
SHARP Program

Sexual Harassment / Assault Response & Prevention



I.A.M. STRONG
INTERVENE • ACT • MOTIVATE

PLAYLIST SHARP Video Vignettes



The SHARP Top 10 are designed to further individuals' and leaders' understanding and guide leader actions:

- Sexual assault and harassment represent an insider threat with the potential to cause significant, irreparable harm to our Army.
- The Army Profession demands leaders of high competence and high character.
- Standards and discipline are the cornerstones of a positive unit climate.
- We must consistently enforce all policies related to sexual assault and harassment.
- We need to clearly "see" ourselves; leaders must continually assess the command climate and environment within their units or organizations.
- We must execute prevention policies, training initiatives, and education programs in order to get to the left of any incident.
- The chain of command is obligated to protect and advocate for victims, beginning with an initial report and until the victim decides he or she no longer requires assistance.
- We must thoroughly and professionally investigate each report and take appropriate action.
- Commanders must create and maintain a positive command climate with trust and respect as the foundation.
- The crimes of sexual assault and harassment can only be solved by a committed chain of command led by dedicated commanders and command sergeants major.

Safe Helpline

877-995-5247

404th AFSB SARC



MSG William Johnson

253-967-6027



The LRC Ft. Irwin / National Training Center during their 4th Quarter Training 'Stand Down' received SHARP training from **CSM Burton** and **MSG Johnson**, 404th AFSB Staff for the work force in support of the Army goal that we raise the awareness and importance of zero tolerance in the USARMY for any form of sexual

harassment. Also, conducted "Consideration of Others" to improve our work environment with learning how to be considerate of diversity in the work place. Other subjects included Winter Safety, Winter Driving Safety, and our normal 'Town Hall / Team Building' discussions with the Director.



The DoD Defense Support of Civil Authorities (DSCA) Course focuses

on training senior military officers, senior NCO's, Department of Defense (DoD) civilians, and their staff to ensure the DoD's readiness to support its Homeland Defense and Civil Support missions. The course introduces participants to National, State, Local, and DoD statutes, directives, plans, command and control relationships, and capabilities with regard to disaster and emergency response. DSCA Phase I Online Course is a mandatory prerequisite for attending the DSCA Phase II Resident Course. DSCA Phase I

must be completed before requesting enrollment in DSCA Phase II. You can enroll in DSCA Phase I and II through the [JKO LCMS](#). An account can be acquired in 24-48 hours by filling out the application on the JKO LCMS website. Registration for the DSCA Phase II Resident Course is limited to Mid to Senior level personnel with a DSCA responsibility. This includes the following: military officers ((O-4 through O-6, warrant officers (W-3 through W-5), senior non-commissioned officers (E-8 through E-9), or DoD civilians (GS-12 through GS-15 or equivalent)) assigned to, or en route to, a position requiring strategic level DSCA knowledge.